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JIM GORDON - DIARY OF EGYPTIAN TRIP

Saturday, March 17, 1984: As I sit here on this plane heading for Cairo, I begin to wonder what the days ahead hold for me and the 70-some odd other members of the tour I have joined here. This time as I begin this journey, I look on the trip somewhat differently than I did when I first came to Egypt in November of 1982.

At that time I had never been to Egypt and was very unaware of what Egypt was all about. True, I had heard many things and read many stories about the mysteries of Egypt, but those stories and events were happenings to other people and not to myself. I have found myself to be a true skeptic about things until I experience them for myself. Then, and usually only then, are these experiences believable and understandable to me. So as I embarked on the 1982 trip to Egypt, I went open minded but skeptical at the same time as to what Egypt had to offer me.

I figured that the least that would happen to me was that I would visit several old tombs, temples and pyramids and get some good photos to show back home. Other than this, I really had no idea what to expect nor did I have any great expectations. As a matter of fact, I felt I was going over just to prove to myself and others just how fanciful the stories were. I felt that many of the things claimed about Egypt were nothing more than the stories of someone with a great imagination and that surely I could go over and prove to myself just that.

This time, though, as I sit here and contemplate the next two weeks, I have to wonder if there is any way the events of the last trip could be topped. I wonder also, if my view of Egypt, having been molded by the last trip, is now going to be affected and if anticipation will somehow hold off events and experiences. I hope that I can, again, walk through Egypt with much the same childlike

quality and open-mindedness as on the first trip. Only the next two weeks will really answer this question.

I am also curious about whether an experience that happened two years ago can be reexperienced or can be continued by returning to the area of the experience. So I sit and ponder and wait to see. I find myself reviewing a great deal of the trip two years ago as I look forward to the present trip. And I begin to wonder, was that real or was my imagination working overtime? No, I have to admit to myself that the events were real. And that means as well that much of what I have read and heard about that other people have experienced in Egypt must also be true.

I do not want to begin analyzing other peoples' experiences here but I would like to share with you my own. In this way I feel I can get in better touch with the reality and the meaning of these events and hopefully give some understanding and some inspiration.

I remember landing in Cairo and beginning our trip along the Nile. The little child in me stood in amazement at the spectacular views I beheld and the awesome structures I was walking through. For the first time in my awareness I began to question the scientific, archaeological view that the pyramids and temples were only five or six thousand years old. Why I felt this way, I am not sure, for until that time I felt that the scientific view was probably correct and that all the other statements made by other people were truly from the imagination. I also questioned many of the statements concerning Atlantis or Lemuria and other such great civilizations that might have been linked with Egypt in some way. For I had but little inner experience concerning them so I viewed them with skepticism and waited for some kind of proof to come to me before I could give my true feelings and thoughts concerning these ideas.

I had seen visions of what Atlantis and Lemuria were supposed to have been like through the counsellings on past lifetimes I had given and yet I questioned what I saw and felt, for these were the impressions from other people and not from myself. Therefore I was unable to relate to these impressions and events because they were meant for other people - not for me. Often I would ask myself and the teachers I would see on the inner planes what these events and pictures were all about and if they were true. I asked this question because through the years I had learned that I would tune in to a person's aura and would pick up events and impressions and then suddenly realize that these were not actually events that were recorded on the akosha (?), the etheric hall of records, but rather these were events that the people imagined or desired to be a part of them. Thus, I had to learn to interpret events and impressions that I saw before saying them - making sure they were actually events and not the individual's imagination. Because of this, I often questioned what I saw and even when I felt comfortable and sure of what I was given to give people, I wondered if it was true for me. How and why I questioned what I saw, I am not sure.

Possibly it was because when I was seven years old, the master Helerian came to me and said for me to only trust and believe what I experience to be true from inner experience - and not to rely on books and lectures I hear or any information that doesn't come from within. Since that time I have always tried to weigh carefully what I thought to be true and try to rely on my inner self for final confirmation.

Here, though, I began to become confused. I was picking up information seemingly from within about other peoples' lives in ancient times which seemed to conflict with my personal belief system and since I had not received anything personally concerning lifetimes in ~~Egyptian~~ these periods, I began to wonder if I could

possibly be picking up what other people's thoughts or desires were rather than the true akkoshic records. This is why I was so glad to be able to go to Egypt myself.

On the first trip I experienced so much which truly proved to me that what I had seen and given in counselling, and even what I had read was not just imagination that other people had brought up within themselves - but rather there was some - even a lot of - truth to it.

Now again I was about to land in Cairo. But this time the child in me knew a great deal more concerning ancient Egypt and on this trip I was not coming to prove Egypt to myself, but hopefully continue the learning process of ancient Egypt and expand my awareness.

On my first trip I had many inner plane experiences. Unfortunately I did not record them because I was so caught up in the awe of what was happening around me that I had a hard time focusing on this world to sit down and record all the events. I did meet with many beautiful souls and high beings on the inner planes beginning with Toth. He came to me the first night in the form of the IBIS and greeted me home. He then introduced me to Anubis, who took me into the underworld to show me much concerning the view of the other side as the ancient Egyptians perceived it. Over the next few nights I met Horus, Isis and Hathor. Each one showed me certain aspects of the Egyptian mystical culture and I began to be more and more aware of the great truth which lies buried in Egypt today.

To me it seemed that it wasn't the knowledge of inscriptions or the monuments, temples or records they might yet uncover. Rather I felt that Egypt was a great key which would unlock the subconscious and superconscious minds of individuals who visited there and open

them to their higher knowledge. It seemed to me that it was the energy initiated in Egypt and which remains there today that is the true Hall of Records. And that if anything, the person is the Hall of Records and Egypt unlocks the door to the knowledge. I am not saying that this is the only key but I do feel it is a very active key for many and that this is why so many people are drawn to Egypt. They may think with the conscious mind that they are only coming to Egypt to see the ruins but in reality they are being drawn to Egypt to begin the opening of the inner doors. For many it may be just the beginning of a long road ahead. For others it is a continuation of the past - one more step that must be taken on their particular path back to God.

Inwardly I feel and know that there is yet a much greater path to be taken and a much greater truth than Egypt can offer on its own. And someday I know I will find this truth myself. But until then I feel that Egypt can and does help open up one to the higher truths.

I remember the third day of the first trip. It was a very remarkable and powerful day for me and it was one that began to show me the hidden ancient truth of Egypt. For that day we went into the Great Pyramid to hold initiation rites in a sarcophagus in the king's chamber. We entered the pyramid about 5:00 a.m. so we could hold a sunrise initiation ceremony and also so that we could be in the pyramid and not be disturbed by other visitors. I entered the pyramid and the king's chamber quite innocently, not realizing what lay ahead of me. As we began the ceremony, I felt an overshadowing and began to speak about the rites of old and how they related to the growth of the soul. Then as John and Mona, Joe and I took our places around the sarcophagus, I felt myself rise up out of my body.

Just as I rose up, I felt a great energy in the form of light come down through my body and begin to flow through it. Suddenly I was in a room which I did not recognize. I was not sure if it was the king's chamber or if it was another room somewhere else in the pyramid. Also I was not sure if I was in the higher planes or just where this room could be located. As I looked around I noticed what appeared to be a large colorful mural on the walls and floors and I noticed that it seemed to be moving. As I began to focus more clearly, I began to realize that these were scenes of world events and that they related somehow to all the people in the room. I then began to look around the room and as I did I noticed the people gathered here were all wearing oyster white robes and sandals. These were masters who, for some reason, had gathered together and were holding a ceremony or ritual of some kind. One of them came up from behind me and asked me to join in and he would then answer my questions later. I noticed as I began to join in the circle that the masters began to chant - so I began to chant with them. And as we chanted the scenes on the walls began to change and I could see clearly certain scenes of the present and the future that lay ahead for humanity and the world. We continued to chant for a time, when suddenly it seemed that the roof of the chamber opened up and a great shaft of light came down in the room and focused on the masters. This light then seemed to fill the masters and they began to work with this energy while chanting - as if they were stepping down the energy from a very high frequency to a little lower frequency. I was not sure why they were doing this so I made a point to remember to ask about this. Then as the chant continued the masters focused this great light into the center of the circle in an upward pointed cone shape. Suddenly, it burst forth as a fountain of light and the light

went up and out and into the world. (Compare this last part with the Book of John) With that the chant ended and the masters began to leave.

Then the master who had approached me earlier came up and we sat on the floor. He began to share with me what had happened. I found he was answering all my questions before I could ask them and that, as he talked, pictures of what he was saying appeared on the wall to help illustrate his story. He explained that since I am a visionary and understood mainly through seeing that he would use this technique to help illustrate his lessons to me so that I might truly understand. He began explaining that the masters I had seen gather here were not hierarchial masters but rather Masters of the Inner Light. These Inner Light masters work separately and ~~vary~~ differently from the hierarchial masters/ They do not deal with karma - either concerning man or the planet. Where the masters of hierarchy are working to help dissolve karma for humanity and the earth and ~~with~~ dealing with evolution by working with the energies concerning government, finances, education, religion and other areas of society - the masters of Inner Light have a very different focus. The Masters of Inner Light work on both the mental and the astral levels of the physical universe. They attempt to capture and focus in on a perfected image God has put forth in his creation. As they focus on the perfection of all creation they project it out once again into the mental plane and into the astral plane for humanity to capture sight of.

The Masters of Inner Light on the mental plane send forth mental images and thought forms of the perfected state, knowing that eventually someone will open up to these planes of existence,

capture these images of perfection and once again begin to live them. Once the thought of being perfect has entered into the mind in consciousness of an individual, the Masters know the soul will search out the path of light and will bring the soul into its God-perfection state. The masters also know that the projection of a perfected state of being in the mental plane does help to eliminate much of the negative downward flow thought forms that are placed in the mental realm.

Likewise a group of Masters of the Inner Light on the astral plane are also projecting the perfected images of God's creation into the astral to help balance the energies, bring in higher light and illuminate much of the ~~high~~ negative-emotional energy of that plane. With this type of projection of the perfected images of God's creation into the astral plane, it also helps the searcher of the God-perfection within to overcome the emotional, astral level and to move beyond that.

As humanity grows in its awareness and its understanding of God, the consciousness expands upward into these different levels of creation. The masters know that eventually these perfected images will begin to replace the imperfect images in humanity's consciousness and in this manner consciousness and awareness will be raised from a little imperfect self up to the God-perfect self.

With this explanation the thought entered my mind that apparently what I had then witnessed and participated in was a ceremony in which these masters projected out the perfected light and images of God. With that thought came this reply - "No, my brother. What you witnessed today is something much different from what we, the Masters of Inner Light, normally do in our daily routine. Or should I say that what you witnessed is a ritual that we just recently began to



perform and a function we just recently began to fulfill. For the most part, we, the Masters of Inner Light, remain in a meditative, contemplative state as we focus on God's perfection and send it out into the universe. But there is no ritual needed. Rather, one needs to sit quietly and merge with God. What you witnessed this morning is something we have recently begun to do in service. In March of 1982 a planetary alignment took place in your solar system. Many people put great significance in this solar planetary alignment. And many predictions were made because of it. There were statements made about major earthquakes, destruction, wars beginning and financial and social ruin for many nations. Fortunately these predictions were wrong and most of these events were unfulfilled. Before going on with more information concerning the alignment, let me state here that we, the Masters of Inner Light, would like to make clear something which has been stated before but needs restating today. We are ever trying to present a focus of perfection and clarity into the physical universe in order to neutralize much of the negativity and imperfect thoughts and emotions which humanity projects. We ask of you please, try to see only perfection, balance, harmony and clarity in your life and the lives of those around you. Strive to see God's perfection in you and in those around you. Why add to the downward, negative flow in this universe by projecting emotions and mental images of destruction, death and ruin. You only add force to that which you contemplate. You give strength to that which you fear. Learn to see God in all. Learn to love all as you love God and strive to see perfection in the universe. In this way you will come closer to God, the universe will come closer to God and the planes of life in the physical universe will also be closer to God. Remember that which you contemplate will

come to pass. Which do you want?"

With that statement he began to explain to me more about the planetary and solar alignment that had taken place back in March of 1982. First he explained that it wasn't only an alignment that took place within our own solar system but rather, it was a universal event...universal in the sense that it affected the whole universe that our system is in and not just our own local system. What happened was that not only the planets within our own solar system aligned ~~themselves~~ <sup>themselves</sup> with the sun of this particular solar system but also our sun aligned itself with the sun - the creative central sun of the entire universe along with other suns between our location here in the solar system and that central system. With that alignment a great deal of energy was released into this particular solar system along with other areas in the universe to help raise up the consciousness of this particular universe that we dwell in at this time in the physical. This energy, this great light, that was downpouring into humanity in March of 1982 continues to pour down today and each day at the sunrise the energy is released into the planetary aura to begin effecting certain changes within the planet and its consciousness, and the consciousness of humanity as a whole. This energy, they told me, had been introduced some five hundred years ago during another planetary alignment that took place much the same as this one, but that that energy had not been stepped down as much - and because it was such a direct flow of energy, it actually became a very destructive force for humanity. At that point in time, humanity was at a low point in its evolutionary process. Because of that the influx of a great light and a great truth that came in at that moment was really more than the consciousness of the planet or of the humanity that dwelt on the planet could handle. So it took on a rather

destructive nature rather than a constructive one. So from March of 1982 on the Masters of Inner Light were given direction to begin stepping down this energy so that it would be able to be accepted more readily within the consciousness, not only of the planet but within the people themselves. These masters step down the energy and the energy then flows down into the masters of hierarchy as well as throughout the mental and the emotional planes of life. They focus upon this light to help step it down so that we can accept it and utilize it in a constructive manner, rather than destructively as we have done before.

With this explanation, the ceremony in the Great Pyramid was beginning to end and so the master brought me back to the physical body so that I could go ahead and return to consciousness within the physical and wind up the ceremony itself with the other people.

And as I sit here now on this plane, heading back to Cairo, I have to wonder if the trip coming up is going to be as meaningful to me as the last one. Are the events that are going to come about going to be as powerful as that? I really don't know as yet and that's one thing that I'm rather excited to find out. The masters have always told me never to go into a particular event that has happened to me in the past and try to relive it again. So in Egypt I am going to try and remember ~~me~~ not to relive the events that have already happened to me but rather to find a way of expanding on them so that I can go beyond the level of truth that I obtained on the last trip and really get a greater truth or understanding.

Sunday, March 18, 1984: Today, while meditating for this first day in Egypt,

I was suddenly aware of a great presence and Om Sete came and began to share with me. Om Sete was a woman who had lived in Egypt until

just recently and had worked dilligently to rebuild a particular temple wáthin Egypt. She came to me on this day and said she was honored to greet me to Egypt in the name of all the anáient masters and the name of the masters of the Inner light "Greetings and Peace. May the Light of the greater being illumine and fill and radiate forth so that all might see the glory of him. Greetings and welcome. I am pleased to be able to welcome someone who is conscious of our presence and who can relate to our energy and light. It is very rare that we have the opportunity to communicate in this manner. Usually we reach out and greet people but the welcome and blessings are not consciously remembered. Often too, because so many people focus on the astral and not on the mental or spiritual planes of life, the welcome is stored deep in the unconscious or superconscious parts of themselves and waits for the day of awakening within the individual, when this great light can then become a part of the person's greater consciousness. Before going further, let me first say that I truly appreciate you coming to Egypt and being willing to conduct a ceremony at the temple that I helped to reconstruct. This ceremony of the Life of Spring. Often I have presented wine, flowers and bread at this particular temple each spring in an offering of thanksgiving for the renewal of life within the Earth's energies and within the renewal of the spirit of God within man. So I thank you for coming and being willing to participate in this particular ceremony. Now let me take you to a place here on the inner planes of Giza and show you much of what has to happen here to help people in all areas of their life. We have but a short time, often, to work with individuals, so we must work intensely, attempting to raise the consciousness of the person as best we can."

"Here in this temple above the Sphinx complex we work on the energies of the person to help transmute or raise the energies of

the individual. Most people are focused in the lower chakras and are caught up in expressing animal, instinctual, emotional nature of the self. These are the lower expressions of human nature and these expressions tend to hold a person to the physical life. Here we try to raise the energy of the lower three chakras to the heart chakra area and we then try to heal and then balance these lower three. Often there is much work to be done in these areas because one or more of these lower chakras have been torn open or forced open by lives of living focused in these expressions. Once the healing had been done and the focus to the heart area is complete, the student then goes before the Sphinx with arms crossed over the heart indicating this healing and initiation into the heart chakra. The left arm, representing the physical nature, is crossed with the right arm crossing over the left and above or on top of the left arm. The right arm represents the spiritual nature. So we have the left, physical nature, reaching upward and crossing the heart and the right, spiritual nature rising up in consciousness for support and focus for the left, physical nature. In this way, you have two triangles of force being brought into focus. The lower triangle pointing upward focuses the energies of the lower three chakras upward to the heart, where through love the energies are transmuted and are focused upward to the higher three chakras. In this way you have an hourglass shape and what the student is attempting to do is to stop the downward flow of the sands of time and to focus the flow upward. You might say one is attempting to reverse time or to stop time altogether.

The student then goes before the Sphinx with his arms crossed and as he bows down, he is told to pay attention to the animal body of the Sphinx and to look upon it and realize that this represents the lower natures of man - the lower three chakras - and that these chakras must be overcome. The way to overcome them is to focus upward.

Then the student is told to raise up once again and look upon the face of the Sphinx, the face of a person. If he is to overcome the lower three chakras and the lower natures of man, he must raise his consciousness and focus his attention on the head centers and the mind and soul of the individual. In this way he can begin to understand and be brought into the inner awareness - the higher awareness. (END FIRST SIDE OF TAPE)

With this, Om Sete showed me the healing rites and allowed me to work with some of the group members as they came in for healing at the Sphinx temple. Then Om Sete brought me back to my room at the Mena House in Cairo and in departing, she blessed me and said she would return tomorrow to continue the lessons. With her departure, I felt I would now go to sleep, but had just laid down when I heard a very familiar voice.

It was the voice of one I heard on my last trip to Egypt and one that I longed to hear again. It was the voice of Toth. He had come to me several times on the last visit and had conducted me through many learning experiences, the greatest one being the last full day here in Egypt. Toth took me for a soul journey experience which lasted a little over eight hours (1st trip). As I focused into the higher once again, I felt his familiar, warm touch. We greeted each other and then departed the room and went to the Sphinx complex area. It was here that my eight hour journey had begun and ended and I wondered if I was to experience this again tonight. Toth, seeing my thoughts, answered quickly, saying that tonight was to be a continuation of that lesson but would not be as long a journey as the last one had been. He then took me upwards in to the spiritual planes and began showing me how the area had looked some time ago - somewhere between 12 and 18 million years ago. Then it was a lush green

valley with a wide river running through the area. Along the banks of the river, in this area where the Sphinx complex now sits, was a ridge or cliff that reached up quite high. In the side of this cliff was a natural cave that had been developed inside by the people of that time. They had arranged for this cave to be used as a library, storage area, or a Hall of Records, if you will, where they could place important artifacts, learning material and tools so the generations to come could learn about their time and these people. They knew the day was soon to come when this particular civilization would end, and they wanted to store records and knowledge for future people to use and learn from. This was about 12 million years ago when they began to put together this hall of records. Up until that time, this area had been used mainly for a library and learning center. The cave was sealed and left in the resting state for some time before another civilization discovered the cave and its contents and began to study, understand and use the great knowledge that had been stored here. Later, in their decline, they built a great Hall of Records on top of the cliff area above the cave. They first put back into the cave all of the remnants of the ancient civilization and then sealed the cave off. Then, in their own Hall of Records or great library that they had built on top of the cliff above the cave, they enclosed records of their history and their peoples and of their great inventions and knowledge. In this way they hoped that their knowledge, too, could be utilized in the future to help mankind understand and mature and become something greater than they had become. Much time seemed to pass and the cave was buried up with much soil and sand as the river and the area changed.

Finally another great civilization began to rise and the Hall of Records was discovered. This was the second Hall of Records that

lay at the top of the cliff above the cave. After doing some study of some of the records and after looking at some of the pictures that were available there, they felt that there was a cave lying underneath this Hall of Records. So they began to search to find it. After some time, they were able to uncover the cave and discover the opening. So they used the Records of both great civilizations in order to help build their own. It seemed that the greatest help these records served for this civilization was that the people learned from the mistakes made in the past. They tried to avoid these mistakes or at least learn from them. Finally though, their time had ended as a great populace and atop these two Halls of Records was placed yet a third great library. With this the scene ended and Toth then asked me to remember all this and to contemplate what I had seen so more understanding would come. Then he said, "Think of the entrance of the Hall of Records at the Sphinx that would lead to yet a forth Hall of Records under the Sphinx itself." He then said, "Enter above the big toe of the left foot." Then I was returned to my room and into my body and I began trying to figure out, as I sat there, how does one enter a doorway that is apparently above the structure or the building? How do you enter, I wondered, above the left big toe of the Sphinx? Finally, in discussing the idea with Joe Jochmans, we came to an understanding that it could possibly be an etheric entrance, rather than a physical one, that lays above this area of the big tow of the left foot. And suddenly I felt dumb for not having realized this myself. For I had only been thinking that there had to be a physical entrance and I could not figure out the different measurements or the lay out of how this could be a sign of an entrance.



March 19, 1984: Again tonight Om Sete came to me and called me forth into the higher realm. This time we went first to the Sphinx Temple, where many more alignments and healings were taking place. Then we went right away to Saqqara and we went into the main temple on the inner planes above the ancient city, where I again saw Zoser, the priest-king in his magnificent, radiant beauty and love. Suddenly I noticed how much Zoser and Om Sete seemed to be so much alike. They both were small in stature and they seemed delicate in appearance. And behind them stood the radiant soul body, gigantic in stature and glorious in its light. I pondered this just for a moment and then went up and sat at his feet in homage and greeted him. He likewise greeted me and then took my hand and had me stand and Zoser, Om Sete and I walked out in the beautiful city of light, for that is what he calls Saqqara. We went over to the shrine set up in his honor and I again fell to the ground in homage. As I did, I realized I had done this many years ago as a child, their child. Once the shock had quieted, Zoser again took my hand and asked me to rise. Then he began to show me and share with me much of that time and place. Om Sete seemed to step back allowing Zoser to lead the way and give the explanation. Suddenly, deep inside, I felt I had found my family I had been searching for, even though I was not consciously aware of the search. As I rose, I noticed the crystal eyes of the Zoser shrine began to glow a beautiful emerald green and I remembered how I used to wake up from a deep sleep seeing those same emerald green eyes watching me as I slept. Until now, I had no explanation of what they meant or who they belonged to. Then as I turned to comment to Zoser about the eyes and how I remembered seeing them as a child, I noticed that his eyes also glowed that bright emerald green even though they normally appeared that deep, rich black. Zoser told me that he had been a priest-king

and a great healer in that time period and that what he worked on was helping to open up the heart center and to bring balance to the individual in healing. He allowed this great light of healing energy to flow through his whole body and it often would affect the appearance of his eyes as this light ray focused through his eyes and into the individuals that he healed. Later, close to the time of his passing, he charged this statue - this memorial to Zoser at Saqqara, with a great energy. He instilled within the crystals in the eyes themselves this same great potential of healing. And so as he focused on the inner planes this wisdom and this love through this statue and through the eyes - they too would take on that radiant green healing light. And that was a sign to those who came to this shrine that the healing was actually manifesting. Then Zoser, Om Sete and I began to walk toward a complex of buildings and he began to explain to me that once the student's heart center had been activated, they often came here to Saqqara to align their entire being.

First the lower three chakras needed to be aligned and balanced and healed. Then here at Saqqara, the students were instructed on how to align the physical, emotional and mental natures. These three parts of the student needed to first be balanced and aligned before the soul could become truly consciously active in the individual. Thus Saqqara was a place where the student aligned these three aspects of the lower self and was taught how to activate and consciously work with the higher. For the advanced students, who then returned here, they were taught spiritual travel or soul travel, or as Zoser calls them Star Walkers. These students were taught and given in depth instruction on the spiritual planes and how to travel in them.

Much of this same type of education is still taking place

here today on the inner planes above Saqqara. Many students of an advanced level come here in preparation for higher work and service. Zoser said a few of the people on the tour were here and had been coming here to the dream travel classes for some time. I only saw a few but asked how many of those on this tour were either attending classes here at Saqqara or elsewhere. Zoser replied that only six out of the group were at this time actually attending such classes, but that it was hoped that for several others the experience of visiting Saqqara and the energy and possible initiation they would experience would prepare them for attending these type of classes later on. With that, I saw a beautiful angel appear before me. And Zoser commented that this was the Angel of Inner Contemplation. She was ensouled here at Saqqara when Am Hotep first began the construction of these sites, which were constructed to focus the sound current for use and aid in healing. The angel was then focused to serve here to help people learn inner contemplation or inner searching so they might be able to get in touch with the true source of healing within themselves. She also helps to serve in the focus on the Inner Light, for her full attention is always on the devine light and the devine grace of God. In this way she helps to focus the energy of Saqqara and aligns it with the greater good and the devine will. I saw her profile and she was focused upwards with her eyes focused into the great light contemplating the face of God. She was all gold, brilliant and pure and the sky behind her was a deep indigo. Radiating from her, like a fine golden mist, was an aura of devine peace, inner knowing, quiet and rest. Within her eyes you could see as she gazed upwards a reflection of the devine light that she contemplated. Now she is more involved with the Unis pyramid, in helping sould who come here to learn the wisdoms of this place.

Then Zoser and Toth took me upward while Om Sete remained behind. They first took me to a city of light above the great pyramid itself and which seems to overshadow the Giza complex area. We then went back to Saqqara and went to a city of lights just above and off to one side from Saqqara and which seems to align with the Giza complex. I was told that there were several great cities of light above different complexes in Egypt and these were the active learning centers today, where souls would come and learn from the ancient past and help to activate certain centers within the individual, so that these wisdoms could come forth and manifest in their lives today.

I was then given the next question and I began to see a series of questions were being given to me over the course of the trip. The first one had been concerning the healing techniques within the Sphinx Temple and the Hall of Records. The first question seemed to me to be how to go about entering into the Hall of Records above the big toe. This next question, the second in this trip, came to me this night. Why is it that major deserts are now located where once greater civilizations existed? Sahara, Sonora, Gobi, in Australia, the Iran-Iraq area as well.

In a personal note of inner experience - I don't know that this would be published. From there I was by a swimming pool. An Arab came up to me and seemed friendly at first. But then, as I reached down to see the temperature of the water, he tried to push me in from behind. I reached out and then caught my balance and then threw him off balance and he fell in. Then I saw John Rogers standing across on the other side of an ice rink and he sees me and calls me over. He is then in an elevator, as I approach. The elevator is of

glass and silver and he has many other people with him. The doors have already closed and I realize it is not my time to go with him on this journey wherever they are going. He then says for me to just sit and wait here and he will be right back. Then I awoke from my out-of-body meditation and in conscious awake state began in somewhat of an out-of-body state - sort of a bilocative state --- and in this state I was aware of both the room I was in as well as the activities that were taking place around me on the other side. At this time a teacher came to me and began presenting some ideas to me as well as some things I need to do at this time in my life. He first said for me to go to John Roger and ask him three questions and then one. The first three questions were: 1. What are the five names? 2. What concrete, physical focus should I have? 3. What is the conscious path back to and through the dark lake so I can go over to the other side consciously. The forth question was: What preparation is needed for me to get what I ask and use what I get?

With this a great battle began because I do not know this man John Roger and he doesn't know me and I felt very awkward approaching him with these questions. I battled for two hours with this when I had the experience above about the pool and elevator. Then I knew I could approach him but I asked for more so I could know I could approach him and he would have the answers and we could feel comfortable together discussing this. With that my teacher showed me John Roger - I don't know if I was just seeing a mental image or if he was really there spiritually at that moment. But I could see his aura and I could see five levels within his aura and five names inscribed within the different levels. Then I saw many beautiful flowers in his aura and a beautiful lotus atop his head with rosy violet outer leaves and white and gold inner petals. Then the

teacher began sharing with me that I was from the same level as JR, I just needed to be brought into conscious awareness. I was then shown four scenes concerning JR's past life connections. A lifetime as John the Apostle, a lifetime as an old man in China - a Chinese land baron who decided to give his properties away to peasants who had been working for him for some time - the other land barons revolted against him, held a meeting on his property and had him beheaded - I believe this to be Lao Tse but not sure - a lifetime as a Christian saint, who had suffered greatly. It seemed the suffering was caused by the ignorance of those around him. I believe this was St. Francis of Assisi. A lifetime as a mystic saint of India - I am not sure if he was Supi, Shiek or Persian. I saw a painting of him and the painting was on a small piece of Ivory - he was seated on a platform and all of his disciples were gathered around him. Suddenly the painting came to life and I saw all his disciples moving around and discussing something. Suddenly it seemed as though he was ready to pass on and those who had gathered together were concerned about who was going to take the reign of initiate. Later on I did discover that JR - and explained this one to him - he said that this was Shreety who is also the incarnation that now exists as Sibaba.

With that the experiences ended and I was finally able to go to sleep early that morning.

March 20, 1984: I had a quiet night and was finally able to get some sleep and rest, which I needed because I had been aware and awake so much the last three nights from inner experience that I was having trouble getting enough rest to function during the day. I did go to the Cairo Museum this day and took a tour of it and saw some statues in the basement - now this was on the inner planes but more in a

sleep - astral state rather than a true out-of-body experience. Here I saw several statues that seemed to date back to the Atlantean period. I was told that these statues were not truly Atlantean but were copies of copies of copies of Atlantean style. They were not on display because it was not known in what period to place them or how to explain their unique and different style from the Egyptian arts and carvings. Later, during the tour, we did go into the museum and I did try to find statues that looked similar but I was never able to find them. Finally, I realized that in the dream I did see them in the basement which we were not able to go into. That may be why I was not able to find anything like that.

March 21, 1984: A most important day, if not the most important day of my life, for today I met with my true spiritual master and we sat and talked for almost two hours. He shared much with me concerning the inner planes and the spiritual planes which reside above the physical inner planes. He said he was aware of 27 planes in all and explained much about how freedom and liberation were very different. Freedom related to the lower planes while liberation related to the spiritual planes. He also said Om was of the mental realm and could carry you no further than that - that to go beyond that level, you had to go beyond the Om current. Also he shared with me about using a chant of God's highest name. By using these particular words or names of God you could rise above the lower and transmute much of the lower webbing which holds one in bondage, freeing yourself from the physical universe and allowing yourself to begin answering into the spiritual realms. He shared with me also about the balls of light I often see as they come into my aura and then again go forth. Often times I have had experiences where I have seen great balls

of light and energy coming into my aura and going throughout my body and then eventually after a period of time releasing to store up, the begin to project outward again through my third eye. He began to explain to me how there was both the moon, sun and lightening realms of the lower world as well as the magnetic force in the lower world, concerning the physical universe. He then shared with me also that the magnetic force can be used as a transporter or a carrier of the holy spirits, sound current and light current, and it is used as a way to bring that energy into the physical planes. He was saying that the balls of light that I was seeing were coming from the holy spirit as sound and light and entering into the physical universe through the magnetic field. It is very important, he said, that you learn to detect that which is magnetic and that which is of the light because you want to be sure to tune into the highest level and not into the magnetic quality of the physical universe.

He also laid out for me some information about what he called Mystical Traveller or the Christ path within as I would call it. As we began to discuss more, I also again asked him about the flowers in his aura that I had seen. He said that the purple rose was actually his symbol on the inner planes and is a way by which a student in meditation can tell whether or not they're really and truly in touch with him or not because of the purple rose being associated with his inner body. And that this was one way to detect him from any other teacher that might come to you - by using this purple rose.

On March 21 - tonight I was taken out-of-body and I was taken back to Saqqara. This night Toth came and took me into the city of



lights above Saqqara where Zoser was waiting for me. At this particular time, Zoser began to show me certain areas of Saqqara that had been used for healing potential. It depended upon the individual who came in as to how they responded to the healing energies in the Saqqara complex and therefore he called it healing potential, because the potential is there for perfect healing - it depended upon how the individual allowed himself to open up and become aware of that quality within him that allowed him to be healed.

On this night he took me around and showed me a couple of areas where great healings had manifested. One was an area in a courtyard called the Headsept (?) in which a sound current was tapped into through a construction of certain types of buildings in the area. It was actually utilizing a certain level of sound current both from the magnetic field as well as from the light and sound realm that opened up one to the inner light and inner healing. These buildings were constructed in such a way that they were cubicles that a person could enter into and attune themselves to this sound current and actually experience it both internally and externally and they could, in this way, begin to attune themselves to their own healing potential. The beyond and behind the Headsept, next to the Zoser step pyramid, was a large courtyard with walls built on all four sides and he says that here a tent of energy actually cupped over this area and the energy is built up over the years, and this energy flows into the courtyard as a healing light, and the people after coming there for a healing and receiving certain balancing of aura chakra centers and going through certain centers within the complex for healing - they would often then live in the courtyard for a period of time to allow the healing to truly manifest. This way they could remain in this healing energy for a period of time to get the full benefit

and not just walk in, receive a healing and walk out. Then he took me back into the Headsept again and showed me the angel which had been shown to Arthur just a day or two before.

This angel is one which expresses itself within the creative cound current and works to help open up the individual to a certain level of healing within one's self. It also works upon balancing the chakra system. The angel that Arthur was shown is an angel of two flames and two levels of identity or two circles within the flames coming forth. And this represents the different levels that are taking place in the healing itself - one level having to do with the heart center and the other having to do with the mind. The heart center - helping to balance the emotional nature of man and bringing in the quality of love - love both for self, for God and for the things around them - this will help to begin the healing process. The outer angel represents the mental quality that is expressed through this level of angelic healing. Here the thought patterns and mental impressions are brought into balance to help in the healing process.

With that, then, I was returned to my physical body back in the hotel where I then went to sleep.

I am unable to find my notes on March 22 right now, so I'll add that later.

March 23, 1984: Today the group went to the Temple of Philae, where the temple dedicated to Isis stands. It is quite an impressive site to see as you approach by boat this massive stone structure. At first it appears to be more of a fortress than a temple but soon the graceful columns tell you that it served much more as a place

of inspiration than a place of fortification. As we landed and went up to the temple itself, you could see that there had been several periods of construction, for there were several different types of architecture. This day, Arthur, Don and I had decided to go off by ourselves and meditate and sketch. We have been working on a book concerning the angels of Egypt since arriving here and we wanted to sit quietly in meditation and attempt to sketch Isis, for here on Philae we were in her temple and we felt if we were...  
(TAPE ENDS)

...for here at Philae we were at her temple and we felt that if we were going to receive any strong impressions of her at all, this would be the place. We had already done several sketches at different locations that we had been to in Egypt but today seemed somehow special. Arthur had already done one of Isis back in Texas but we wanted to see what we might be inspired to draw while here at her temple.

As quickly as we sat down and closed our eyes, she seemed to come before us and reveal herself. Arthur began to draw quickly so as not to lose the image he was intuitively sensing. I kept my eyes closed as well while I focused on her graceful, simple beauty. She appeared to be a woman who was simple and close to the Earth. Though she appeared simple, there was a grace and a radiance which brought forth an air of beauty which none could surpass. I saw her reach up with both arms. As she did, water poured forth from her hands and ran down her arms forming a blue mantle or robe over her off white dress. Her skin was that of someone who had a rich tan and her complexion glistened in the radiant sun, reflecting its golden light. Her hair hung straight and long, rich in color as that of the soil. Beneath her feet a beautiful Egyptian lotus lay, a turquoise color of healing and growth. Above her head an etheric egg seemed to float, as if waiting to be made fertile by its mother. Issuing forth from her shoulders and head radiated a beautiful gold and white light which fertilized the egg as they joined and creation began. This seemed to represent to me the birth of Horus ,

the giving birth to the highest self. After this, I looked over to see the sketch that Arthur was doing and I saw the beautiful face of Isis that I had just seen being placed on paper. Amazingly enough, she had truly revealed herself to both of us. As I saw him complete his sketch, I realized I had seen the universal mother, Isis giving birth. Arthur had seen and sketched Isis, the healer of the universe. Within his painting was the beauty and the radiance but also symbols of balancing and healing. So now we had received two different aspects of the Earth Mother, Isis.

Within his painting was a closeup of her face. And again the blue, turquoise lotus beneath her. But behind her rose two large columns, one on either shoulder. They seemed to represent stability, balance and healing. With that, I then went out of the temple and walked along the Nile to refresh my energy and experience its beauty up close. For some reason I felt closer to nature and closer to spirit walking along the Nile than I did in the temple. The temple was a great focus of energy and a great focus of light for people to come into and experience, for some reason being close to the water like this made me feel closer to spirit and to God than actually being in the temple. I guess that was because to me the temples were a focus, a pinpointing of energy where someone could come in and begin to become attuned and aware of that particular high energy that was focused there. But to me nature offers more a peaceful atonement and harmony, where all is in the same frequency and balance and not so condensed into one area - and that is what I enjoy - that peaceful, quiet expansion of oneness rather than the condensed sort of pressured

energy like the temples present.

March 22, 1984: On this day we arrived in Aswan and it seemed very interesting because you could really feel the change of energy from Cairo to Aswan. In Cairo there's a very intense, very high pitched, high keyed energy, where one is brought to a very great awareness of the mystical qualities that rest in Egypt. Here in Aswan it's much more subtle. The individual visiting here has more potential of being their normal self, where in Cairo if they are really beginning to attune to themselves, it felt to me and still does feel to me, that in Cairo one is going to begin opening up to a different part of themselves and become more aware on an inner plane level of something - maybe very subtle and maybe very subconscious, but they are going to have this sense of awareness, this sense of expansion and an extra amount of energy to function with - helping them to open up and become more aware of this inner nature, this inner level of being. Oftentimes in Cairo, people tend to find - especially around the Giza area with the pyramids and the Sphinx - that it's very hard for them to sleep or rest or become quiet to where they can just relax and let things go because the energy there is so intense - so high keyed.

Here in Aswan it's much more of a lower frequency and is much more close to the Earth itself than in Cairo. This is one reason we had decided to change the itinerary of this trip compared to the one we had in November of 1982. In 1982 we stayed in Cairo for some time and went to different areas - went into the Great Pyramid and the different pyramids, into the Sphinx temple, then we visited certain areas around Cairo before leaving and going South to Luxor and then to Aswan. To me that energy felt a little strange because what we were doing is that we were starting at the

high point of the energy in the chakra system - the head center and working downward to the base of the spine - or the base of the chakra system. So this time, in talking it over with John Davis and Joey Jochmans, we decided to have a minor focus in the beginning of the trip in Cairo - then go down to Aswan and actually begin the trip there in Aswan, visiting the temples that represent the lower chakra system. This is how the initiates of old did it in Egypt. They were presented to the lower chakra areas first - that in Aswan and even below that area to some extent. Then, as they began to advance in their awareness of the teachings and being able to function on the inner planes more, they would then move upward toward Cairo - to the head centers themselves.

So this is why we decided to take the trip in this manner - from Aswan upward, so that everybody could actually experience that upward growth on the inner levels as well as seeing it on the outer levels - the different temples and how they were presented to the students as they grew in their knowledge.

Today we spent most of the day getting checked in and into our rooms. Then we spent some time taking a falucca boat trip around Elephantine Island and going over to Kitchner Island to see the botanical gardens there. While doing all these activities I kept sensing all these inner experiences coming to me but I could not quite relate to them because of all the activity outside. My focus kept fluctuating back and forth from outer to inner so I was never able to totally capture all that was coming to me at the time.

So this evening I went into my room, sat down quietly and began to meditate. This is the information I received as I was meditating: The information was brought to me by Horus, who represents the Christ self, so I feel this came from the soul level itself when

this information came in. I was shown that in ancient times mankind understood a great deal about certain levels of energy around the Earth - at different locations of the Earth. I was taken up out of my physical body and into the spirit and was taken to several areas around the Earth to show me how mankind had utilized certain focuses of energy on the planet for certain purposes. I was then shown how Egypt had been used in ancient times as a school as well as a flow of force for humanity and for the planet. The area of Egypt, the Nile River, represented a certain aspect of man and a certain aspect of the planet, just as other areas around the Earth also represented certain aspects of mankind as well as certain aspects of the planet itself. The area of the Nile River represented the Kundalini, the chakra system and the awakening process that goes on within man, rising up out of the lower nature of himself and rising up into the higher spiritual natures and eventually his God self.

I was shown also other areas around the world. Some of them had to do more with learning about the physical loves and the physical natures of man. Some had to do more with the emotional side and the emotional nature of man. Then others had to do more with the emotional-mental quality and the balancing process that must go on for man to reach the higher levels. I was shown, too, that the students eventually came here to Egypt to begin the process of bringing the lower and the higher into balance and then bringing the lower into submission into the higher so that the God self actually began to function within the physical body and express its energy through the physical nature of man. In this manner, then, the individual, the initiate would become a God-aware person and allow the God spirit within him to manifest outwardly into the world.

I was then taken to Elephantine Island where I was shown how



the energy was accumulated here to begin the process of initiation. Some of the minor initiatory processes actually took place south of here. But the beginning processes of true awareness of the process of initiation began here at Elephantine Island and in the cluster of temples that is in this area. I was shown that through the teachings that the disciple would go through in the different temples around this area, he would begin to see that he had to begin focusing his energy upward into the head center and toward his God consciousness rather than focusing it downward into the physical planes. So here the angel that I was shown was the Angel of the First Initiation - this angel had to do with raising the focus of the first chakra upward rather than letting it focus downward into the physical planes. I saw this angel descend over the disciple through the initiation process and begin to raise the energy around the first chakra so that it would focus upward rather than downward. It was like seeing a flower that had kind of drooped over and was hanging and focusing downward toward the Earth. Then suddenly, as the sun would come out and begin to shine on the flower, it would begin to move upward into the direction of the light and begin to receive the light and grow toward the light rather than drooping and focusing toward the Earth. And so it was with this particular angel - the light of this angel would begin to raise the focus of energy in the lower chakra upward and allow the development process to begin at this center so that the beginning qualities of control of the creative energies and the dynamic power of the soul was beginning to be realized by the individual and beginning to come under the control of the individual. Not maybe totally in control but the awareness was made known and the processes were begun so that the current of energy would flow more upward - in an upward direction. And the power of this upward flow would then

also affect the other chakras along the kundalini. So this is pretty much what I was shown on this day both in my meditations and in my outer experiences as well.

March 20, 1984: Addition.

I want to add something to this - something I had forgotten about March 20th at Saqqara. It was an experience where we went out to celebrate the Spring equinox. We had gathered together at Saqqara for this reason for it seems to be a very strong healing center even today and we thought that possibly by coming together at the healing center in Egypt that has some of the major focus of the healing potential, that we might be able to focus it outward through the celebration of the Spring equinox and help bring about healing and balance for the whole of the Mother Earth. At a little after noon, Egypt time, we went out to an area which is known as the solar cross. There we celebrated the gathering together of like minds in celebration of the Spring equinox. Here, while we were in meditation, I began to rise up and see within myself a new awakening coming forth and it seemed as so the Spring equinox was giving birth to a new level of life flow within the Earth itself, bringing spring and spring growth. So too with me, I could see a new flow of energy or awareness coming to me that would spring forth my awareness into a new level of being - one that I had never had before. With this, then, I looked up and out of myself and I saw the step pyramid of Zoser. There I saw a beautiful ankh rise up out of the top of the pyramid<sup>7</sup> and move upward into the sky. Moments later, from the same point at the top of the step pyramid arose a large falcon. This falcon flew out and put its head through the opening of the

ankh and let the ankh lay against its chest as it flew off into the sky - up through the clouds. To me, this represented the fact that the symbol of life, rising up out of the pyramid represented the body of man in the physical construction. And in order to be free of it we must rise up and be aware of that eternal aspect - that eternal life that is part of us - rise up out of material and enter into the etherial quality of our being. The falcon, which symbolizes Horus - the symbol of the Christ self - rising up also out of the physical level and going into the ankh, symbolized that one who searches for the Christ self must first rise up out of the physical and enter into the other levels of the physical universe, which is symbolic in the ankh symbol. The ankh is symbollic of the raw vibration. The raw vibration deals with the astral plane of awareness - the level of imagination. The ankh rising up first out of the pyramid symbolized going into the awareness of other levels of the physical universe and beginning to move within those, using the astral body. As time passed, the Christ consciousness - the bird, the falcon, the symbol of Horus, rose up out of the pyramid at the same point from which I had seen the ankh come forth. It swept down and took hold of the ankh and then flew off higher. This would represent to me that the Christ nature, the Christ consciousness, the soul quality of myself or of any individual comes out and takes control of these lower regions and then begins to rise up to know its own nature within the soul realms.

March 24, 1984:

On this day I began to see how many of the temples of Egypt were built both as an outer place of worship for the masses as well

as a place to present the inner teachings of the ancient wisdoms to those few who are ready for the understanding. What made me realize this was ~~that~~ the temple we saw today on our way from Aswan to Luxor - the Temple of Kom Ombo. It is a very beautiful temple which is located right on the Nile. This lends a great deal to the sense of beauty but also the flow of life energies from the Nile seems to have kept the energies of this temple alive and cleansed. I was surprised how in Egypt some of the temples have lost a great deal of the flow of life energy because of neglect and a lack of understanding. Some of the temples even carry a double image of energy - one being the real purpose of the temple and how it was meant to instruct and influence as well as carrying the images placed there by different scholars and curious sightseers alike. At Kom Ombo, though, I found the energy strangely more clean and clear of the outside influence. So one is able to get more in touch with the reality of this temple and its purpose. I now know that I sensed this at Philae with the Temple of Isis, but I wasn't really aware of what I was sensing until today at Kom Ombo.

At Philae I could feel that the temple energy was somewhat dormant and waiting to come forth more fully in the future. Also, while at Philae, I could sense a need to realign the temple with a particular type of energy that seemed to have lost the correct balance of flow. It seems that in the process of moving the temple from the original island on which it was built to the location on the island where it now existed had somehow disrupted the alignment flow of the spiritual energy that had been placed within this particular temple. Because of this energy being thrown off balance, or not being centered properly within the temple, the energy within the temple seemed to rest dormant, waiting for realignment so that it could be better used by those coming to it. They had moved the

temple in order to save it from being flooded while they were building the Aswan Dam, but it seemed that no care was taken in realigning the energy patterns of that particular temple. There was no one around, apparently, who understood the process of realigning the energy flow with the ley lines of the area. At any rate, I felt there was a need to do this realignment - and to help in the realigning of this temple a few of us within the group gathered together at the point of the altar of the Holy of Holies in the center of the temple, and we visualized and chanted to help realign the flow of light and help reenergize the temple.

Here at Kom Ombo I felt a great awareness of the flow of light as the life force of the Nile continues its movement. I also began to notice how there was a layered effect to this flow of energy. With this, I entered into a meditation and became aware of the flow of the life force of the Nile and how it follows much the pattern of the life force of the kundalini in man. Within man there is the positive and the negative flow of the life force or light of the kundalini. In metaphysical studies, it is called the Ida and the Pingalli. At the different chakra centers along the spine, these energy flows come together to form a vortex of force and they reach a level of balance in the area of junction. So here at Kom Ombo, I could see and feel the flow of light as the two fields of force flow up the Nile and move throughout this temple.

Then I was made aware of the construction and the design of this temple at Kom Ombo. Suddenly I realized that here within the structure of one temple there were two main halls and at the end of each was a temple. As I looked, I began to see how the Temple of Kom Ombo was built in order to instruct the student who sought wisdom and knowledge. The chakra system and the kundalini energy actually

consisted of these two major force fields - the Ida and Pengalli. Without this type of construction it may not have been as easily instructed to the student or disciple just exactly how the flow of energy did take place within the chakra system.

At that point, I began to go into meditation asking for a better understanding of Kom Ombo and its purpose. I was told that the principal purpose of Kom Ombo was to teach the duality of man - the positive and the negative natures of man - the Ida and Pengalli of the chakra system. And as I began to look back along the trip that we had taken so far - back to Aswan, to Elephantine Island and to Philae, I began to realize how this same energy had developed way back at Elephantine where the two energies were in a sense split as they entered into the area of Aswan and united at the Island of Philae, forming the first chakra. Then again as they crossed and went forth, they entered in again into the Temple of Kom Ombo as two flows of energy and then went on up to the next temple which we will discuss in a moment - the Temple of Edfu, where the second chakra has been formed as these two flows of force come together once again.

I also became aware that Kom Ombo was a temple that was built to help teach the law of inner balance. For, by coming into an understanding of the duality of nature within the physical universe - the positive and the negative - and learning how to control these flows of energy within our own lives, one can begin to go within and find that level of inner balance that is necessary in order for one to obtain spiritual awareness, spiritual balance and spiritual unfoldment - that which is called the straight and narrow path - the path of neutrality and of balance of these two natures.

(END 'TAPE)